

WOMEN OF WISDOM

August 2010 – December 2010

Greetings!

*Joy to you on this beautiful day!
It is a wonderful time to be alive. Women of Wisdom starts her 15th year and we celebrate all of the miracles, large and small, the people, the kindnesses, the growth and challenges, and SO MANY BLESSINGS! We celebrate who we are, who you are, and ask the Divine to continue to shower us all with health, peace,*



passion, curiosity, compassion, playfulness, and commitment to the path of Light and Love.

With enormous gratitude for all of you who have touched our hearts and shared this path . . . IMAGINE how much fun the next 15 years will be . . .

THANKS BE TO ALL,

Classes and Workshops

SPECIAL EVENTS

*** PSYCHIC & HOLISTIC FAIRE***

Join us for an afternoon filled with fun! We'll have your favorites: psychics, mediums, angel readings and spirit drawings. Holistic practitioners offering Reiki, Chair Massage, MEI Treatments, Body Talk, Gaiadon Heart Healings, Ear Coning and more. The Aura Camera will be here, too. Sign yourself up for a few appointments and bring your friends! Remember—A percent of the proceeds benefit Womens Place Crisis Center. Appointments are recommended, though walk-ins are welcome! Sat 7/24 **OR** 9/18 **OR** 11/20
New Time! 12-5 pm Call for more info!

Halloween Séance w/ Liam Galvin & Terry Porter

There is no better time of year, on Halloween, when the veil becomes radically thinner between this world & the Higher Side of Life. Join us for a suspenseful, thought-provoking, & entertaining evening of spirit communication. Bring an open mind & please be on time. Fri 10/29 6:30-8:30 pm **OR** Sun 10/31 2:00-4:00 pm \$44 ea

NASRIN GROUP CHANNELING

via teleconferencing! Call for Details ASAP
8/8, 9/9, 10/10, 11/11, 12/12 7:45-9:00 pm
FREE!

Spirit Portraits Gallery w/ Nancy Smith

There is a saying that a picture is worth a thousand words. Nancy can see and sense the visual essence of a spirit communicator and draws the impression she receives from spirit with pencil and pastel on paper. Come join Nancy for an evening of gallery mediumship work, where she will do mediumship and spirit drawings for a group of people. Some people will get drawings and everyone will get a message. Come witness and experience this visual representation of powerful evidence for the continuity of life!

Fri 8/13 **OR** Thurs 10/28 6:30-8:30 pm \$40 ea

LISTED ALPHABETICALLY

A New Year, A New You w/ Angelle LaVeya

What does 2011 bring? Together we can set goals, overcome challenges, and create new opportunities. using astrology, cards and visualization. The seed of the new lies hidden in the earth, waiting to discover/nurture our hopes & dreams for this next cycle as the light once again begins to grow.
Thurs 12/30 6:30-8:30 pm \$25

Angel Messenger Certification Course w/ Lori Sheridan

In this 6-week class your connection to the angelic realm will be strengthened. Along the journey you will meet your guardian angels, release emotional blocks, and gain confidence conducting angel readings. Through meditation, class exercises, and homework the angels will unlock your intuition and open your higher chakras allowing you to communicate with spirit easily and effortlessly. Class includes attunements, practice readings and exercises promising to flex your intuitive muscles! Upon completion receive angel messenger certificate. Call for class syllabus. All levels welcome. Bring angel oracle cards and journal to class.
Thurs 9/2-10/7 6:30-9:00 pm \$199 ppd.

Animal Spirit Communication Class w/ Cheryl Quinlan

Join Cheryl and have fun learning how to explore animal communication. What does your four-legged friend have to say? Please bring in 3 or 4 pictures of your animal(s).
Tues 9/21 **OR** Wed 11/10 6:30-8:30 pm \$35 ea

Belly Dancing (all levels) w/ Susan Caplan

All women can explore the grace and strength of Belly Dance. Learn the basic moves and how they can be expressed in this joyful dance form.
Wed 8/4-8/25 7-8 pm \$60 ppd.

Call Your Soulmate to You w/ Terry Porter

This class has prayers, practices, letters, meditations, for designing your Soulmate. Its not just for

single people! It also works for married couples or couples that want to get closer.

Fri 9/24 **OR** Tues 11/2 6:30-8:30 pm \$35 ea

Chair Massage/Reiki Treatments

Chair massage/Reiki is a great way to relax and rejuvenate without taking a lot of time out of your busy day. Receive a treatment that adjusts to your needs. So come visit! Walk-ins welcome!
Saturdays 11-5 pm \$15-15 min/ \$30-1/2 hr.

Chakra Healing w/ Katie Ramaci

Utilizing hypnosis, we will move through the seven major chakras, releasing blockages and bringing healing to our entire being. Come relax and reconnect with your healing light. Thurs 10/14 **OR** Tues 12/28 6:30-8:30 pm \$35 ea

Change Your Life: Creating with the Law of Attraction Level 1 w/ Ed Langan

Come learn the secret behind the "Secret": how to use the law of attraction to manifest your desires! Inspired by the teachings of Abraham-Hicks, Wayne Dyer, and others; Ed helps you "What the Bleep" your way to what you want, using spiritual laws and the quantum physics of the universe. You'll learn the power of your thoughts. And you'll have a spirit-filled experience on the way to manifesting those desires. Open to all. Thurs 9/23 **OR** Fri 11/5 6:30-9 pm \$30 ea

Change Your Life: Creating with the Law of Attraction Level 2 w/ Ed Langan

On the way to changing your life, you will deepen your understanding of your emotions and re-awaken your imagination. Learn the power of emotions and discover the most valuable tool you have to create what you want...your "inner bean". Prerequisite Level 1. Thurs 8/19 **OR** Fri 10/22 **OR** Fri 12/17 6:30-9 pm \$30 ea

Change Your Life: Self-Esteem, Change Your Beliefs w/ Ed Langan

Learn how to create new, happier, and healthier self-esteem. Ed teaches you to raise your self-worth, and how to shift beliefs. Recognize common thoughts and beliefs that erode your self-esteem and learn what to do about them. Focus is

to help you feel good about yourself. This is an interactive workshop that will raise your self-esteem. Open to all. Thurs 8/26 **OR** Fri 10/29 **OR** Tues 12/14 6:30-9 pm \$30 ea

Change Your Life: Self-Esteem, A New You w/ Ed Langan

Learn how to create a new you with healthier self-esteem. This is an interactive workshop. We will learn what the root of self-esteem is, about the power of forgiveness, why you should appreciate you, your best qualities, and how to create a new you. The main focus of this workshop is to help you raise your self-esteem and help you feel good about yourself. Open to all.

Thurs 9/30 **OR** Fri 11/19 6:30-9 pm \$30 ea

Communicating with Angels w/ Lori Sheridan

In this workshop you'll learn how to communicate with angels. We will review the archangels and the different areas of your life they can help you with. Through guided meditation you will meet your guardian angel and strengthen your connection to the angelic realm. Bring journal to class.

Wed 12/22 6:30-8:30 pm \$25 ea

Crystals and Stones w/ Katie Ramaci

Crystal information for healing, grounding, attracting, and everyday use. Discuss metaphysical properties of common gems and minerals, FAQ's, simple ways to use them for daily life & spiritual development. Bring your crystal collection and favorite jewels and see how they may serve you better. Sun 8/15 2-4 pm

OR Tues.11/16 6:30-8:30 pm \$30 ea

December 21, 2012 w/ George Mendonca

Curious about the events unfolding around 12/21/2012? It has been predicted and foreshadowed throughout history that life-changing, major events will happen. What if all these cultural and secular sources are right about earth's final day? Many different cultures and prophecies have predicted *something* will happen in 2012. Join us for a discussion on the events that will unfold.

Sun 12/12 1-4 pm \$30

Divination Class w/ Terry Porter

Using Tarot cards, pendulums, runes, dowsing rods, flowers, numerology, etc. Learn why they help you and where they came from. Have fun using the tools and begin to get the answers you need. Sat 10/30 1-3 pm \$35

Divine Moves™ w/ Pamela McIntyre

Step into your creative spirit! Joyful moving meditation to music and mantra are at the center of this blissful practice. The joy of movement creates renewed energy and love of life; meditation offers peace and tranquility. Easy, repetitive moves to inspiring music invite you to discover a deeper awareness and the natural ease and flow of the body. Divine Moves is a Bhakti Earth/Heart/Spirit Celebration! Wed 9/22 **OR** 10/27 **OR** 11/17

OR 12/8 10-11:15 am

OR Wed 9/8 **OR** Tues 10/5 **OR** Thurs 12/9

7-8:15 pm \$15 ea

Dowsing Class 1 w/ Cheryl Quinlan

Would you like to communicate with your spirit guides? Would you like to feel more confident

with the information you receive? Join Cheryl and learn one of the oldest divination tools (Dowsing Rods) and the Pendulum. Also learn how to find your chakras, aura, and more. Feel empowered knowing the universe is in your hands.

Tues 7/27 **OR** Wed 9/29 6:30-8:30 pm \$35 ea

Dowsing Class 2 w/ Cheryl Quinlan

The second level will be hands on practice learning to become more accurate with the dowsing rod. You will also learn where your Chakras are, you will learn to point out pain and where your aura is. You will have fun predicting the weather and learning your totem and much more. You will leave this class feeling confident about your new skill and methods to receive information from spirit. Tues 8/24 **OR** 11/16 6:30-8:30pm \$35 ea

Dreaming In the Dark, A Waning Moon Circle w/ Angelle LaVeya

Come together and use the power of the dark moontime to release old, outworn beliefs and conditions that no longer serve your highest and best. Together using meditation and ritual, we will clear a path for the new to manifest. All welcome.

Fri 8/6 6:30-8:30 pm \$25

Ear Coning/Candling w/ George Mendonca

Every area of the body, mind and emotions are connected to the ear via nerve endings and/or acupuncture points. Ear coning/candling releases and cleanses the subtle energy flow that carries our life force energy. Includes the history of coning, discussion of the healing properties, preparation, tools and demonstration. Students will then cone one another. Includes booklet, materials & certificate.

Sun 7/18 **OR** 9/19 **OR** 11/21 10-5 pm \$75 ea

Elementals and Belly Dance w/ Susan Caplan

Incorporate belly dance moves into a Pagan or Wiccan practice. Learn moves that can express the energies of the elements and create sacred space. Wed 10/6 7-8 pm \$15

Find Your Soulmate with The Angels w/ Lori Sheridan

In this workshop you'll work with the angelic realm to meet your soulmate. Through guided meditation you will release past heartaches and emotional traumas holding you back from experiencing true love. Working with the angelic realm you will experience more love and joy in your everyday life. Bring a journal to class.

Thurs 8/12 **OR** Fri 12/3 6:30-8:30 pm \$25 ea

Full Moon Circle w/ Angelle LaVeya

Come together for an evening of magic as we connect with the powerful energies of the moon, She Who Changes Everything She Touches. By working with the cycles of the moon, we can create positive change in our lives, and work in harmony with nature. All are welcome, no experience necessary, just an open mind and heart and a desire to share sacred space with others of like minds, in perfect love and perfect trust.

Fri 10/22 6:30-8:30 pm \$25

Gaiadon Heart Module 1A w/ Katie Ramaci

In this extraordinary journey of self-awareness, explore the deepest potential of your inner consciousness, further into God-consciousness. Your lightbody/Aumkabah is completely prepared for total spiritual awareness through a deeper under-

standing of your Holomatrix form of light. Receive many new spiritual gifts and encodements, to clear cellular density and also transform your physical, mental, emotional and light body, completely elevating you into self-mastery and preparing you for ascension. Receive Aumkabah Activations, Sacred Ankh Heart and Pleiadian Initiations, Universal Teleportation, Levitation and Abundance Activations, Gaiadon Mastery Initiation and Universal Healing Tech. and more. Manual, DVD and Cert included. Must be registered & pre-paid 10 days in advance.

Fri 8/27-Mon 8/31 10-5 pm \$555 ppd.

Gaiadon Heart Module 1B w/ Katie Ramaci

Venture deeper into a new cosmic awareness where your light body/Aumkabah takes on the sacred encodements of the ancient Hindu and Tibetan symbology. Your DNA is activated and transforms into a 33 double-strand DNA matrix that completely illuminates your light body into a powerful vehicle of ascension and assists you to experience the true inner state of self-realization. Module 1B prepares us and takes us deeper into the pure God/Goddess Consciousness. Begin to receive a new DNA braid that forms a spiral stairway to higher planes of existence. Manual, DVD, & Certificate included. Pre-req. Module 1A. Must be registered & pre-paid 10 days in advance.

Sun 10/17-Tues 10/19 10-5 pm \$555 ppd.

Gaiadon Heart Module 2 w/ Katie Ramaci

Create the New Gaia Earth Star, and anchor the Celestial Sacred Heart Christa-Alenah Consciousness Grid. You begin to manifest the Divine Plan, to anchor the Consciousness on Earth. As a Gaiadon Celestial Light Being, you change the destiny of our planet, transforming into this new consciousness. You're given new tools of empowerment that anchor in the Gaiadon Earth Sacred Portal. Transform your light body into a force field of light and become one with the Source Heart. Open the seals of Celestial intelligence. The key to secret wisdom is offered to you. Manual, DVD & cert. included. Pre-Req: Module 1B. Must be registered & pre-paid 10 days in advance.

Fri 11/26-Sun 11/28 10-5 pm \$555 ppd.

Gaiadon Heart Module 3 w/ Katie Ramaci

Activating our new Gaiadon Ascension Aumkabah of Love, we prepare ourselves to embark on the tasks beyond ascension. Our Ascension Journey involves 3 Phases, each one including 9 powerful activations: (9-9-9) 1. Completion of Earth HerStory II. The Qetheric Delta-Light Ascension Aumkabah of Love 2. Encodements of Preparation: the Final Ascension Initiations: Codes of Ascension 3. Blazing New Trails: Walking the Sacred Labyrinth 4. Into the Void (with Gaia). Manual, DVD, & certification included. Pre-Req: Module 2. Must be registered and prepaid 10 days in advance. Fri 10/22-Sun 10/24 10-5 pm \$555 ppd.

Halloween Celebration w/ KC O'Donnell

Join us for a celebration of the Wiccan/Celtic holiday, Samhain or Halloween! We will begin by taking a guided journey to the Spirit Realm. We will honor the Goddess, Cerridwen, with a ceremony and make personalized totem masks ourselves! We will close the festivities with some drumming and a song to honor the Spirit World and our loved ones who join us for this blessed

day! Materials will be provided. Bring drums/
noisemakers if you have any.
Sat 10/30 5:00-6:30 pm \$25

Hatha Yoga w/ Dorian Hunt

Yoga means union of body, mind, and spirit. For relaxation, health, well-being. For beginners or those who have some experience with yoga. Class size is limited; sign up right away!

Mon 8/9-8/30 OR 9/13-10/4 OR 10/11-11/1 OR 11/8-11/29 OR 12/6-12/27 6-7 pm \$40 ppd.

Healing in the Akashic Records w/ Nancy Smith

We all have an etheric essence within our solid human selves. Our soul, or spiritual essence, contains a tremendous amount of information. That information can be accessed in an etheric place called the Akashic Records. All our thoughts and dreams hurts and joys, our intention for our lives before we were born are recorded within the records. Also our mental and emotional contracts are held within the records can be accessed, understood and often healed, possibly re-written. In this talk we will explore the possibilities and potential for accessing the records to heal ourselves and learn to live in the full potential we are created for.
Tues 9/7 OR Mon 11/1 6:30-8:30 pm \$35 ea

Healing Divine Feminine w/ Candace Kay Isha

Come and learn to harness the creative power of your second chakra. Many women are struggling with symptoms of PCOS (polycystic ovarian syndrome) which is a dis-ease triggered by issues in the first and second chakra. In this group, we explore the amazing creative power that is contained in you as a divine feminine energy. Use of this creative power center affords us the ability to create not only life but careers, relationships and whatever we desire to give "birth" to on this earth plane. Join us as we wake up these powerful energies and explore the joy and art of being a woman in the here and now. This group is designed for women of all ages (sorry fellas!) and is for women who have PCOS or women who want to explore their second chakra energy. Sun 8/15 1-3 pm
OR Wed 11/3 6:30-8:30 pm \$15 ea

Healing with Angels w/ Lori Sheridan

Let the angels heal all aspects of your life -- from addictions to depression to anxiety and more. We will review techniques for shielding yourself energetically, clearing your shield, vacuuming away fear, and cutting cords. You will receive a healing from the angels through guided mediation. Bring a notebook to class.

Sat 9/11 OR Sat 12/11 2-4 pm \$25 ea

Help on Tap w/ Dorian Hunt EFT-ADV

If you have any fears, pains, phobias, addictions, traumas, anxiety, relationship or money issues, this class is for you! If you want to enhance any part of your life, come to this introduction to EFT. Learn the simplest, most effective self-help tool and leave energized and empowered to improve your life. Wed 9/15 6:30-8:30 pm

OR Sun 11/14 1:00-2:30 pm \$45 ea

Hypnosis Certification Course w/ Katie Malloy Ramaci, CHT, CMI

Designed to prepare individuals who are interested in helping themselves and others in a rewarding career as a Professional Certified Hypnotist/Hypnotherapist. Also for therapists, counselors,

nurses and teachers. Live demonstration, supervised practice and hands on experience makes this a truly exceptional course. A comprehensive power point program includes an overview, the uses and benefits of hypnosis, history, suggestibility testing, deepening techniques etc... Practical and down to earth, training concentrates on the "How to do it" aspect of Hypnosis for Personal Improvement, Stress Management, Self-Hypnosis, Smoking Cessation, Parts Therapy, Behavioral Therapy and much more. Learn various Inductions, Script Writing, Pain Management, Inner Child Process, Regression Therapy, and much more. Tuition includes: Training Manual, Scripts, over 120+ hours. Graduate receives Certificate for 1 yr. Membership in I.A.C.T. Call for course description/dates. All Inclusive.
Program is one weekend a month.

Starts Fri 9/10-Sun 9/12. \$1995 ppd
Fri 6:30-9:30 pm, Sat 10-6 pm, Sun 10-6 pm

Identify Your Archetypes w/ Cheryl Quinlan

Knowing your archetypes will give you insight on where your spiritual energies go and why. During class, you will learn your 12 major archetypes, where you lose energy and how to get it back. You will see yourself and others in a new light. (info. based on C. Myss book Sacred Contracts). Tues 8/10

OR Wed 10/13 6:30-8:30 pm \$35 ea

Integrated Energy Therapy (IET) 1 w/ Joyce Pribusauskas

In need of an emotional healing? Allow the angels to help you, "get the issues out of your tissues." Be attuned to an angelic ray, learn to heartlink with an angel, receive a gentle emotional healing, and learn to use this hands-on technique on yourself and others. Must be registered & pre-paid 10 days in advance.

Sun 9/26 10-5 pm \$195 ppd.

Introduction to Belly Dance w/ Susan Caplan

Sample a few of the core movements of belly dance and learn to incorporate them into a short dance. This workshop is perfect for those who are curious to try this dance without committing to a full series. Wed 12/15 7-8 pm \$15

Introduction To MEI (Mental Energy Integration) w/ Joyce Pribusauskas

Come learn about MEI (pronounced me). Mental Energy Integration is a new energetic modality concentrating on mental healing. It clears the mind of confusion, overwhelm, racing, dwelling-helps you turn it off & experience calm, clarity, quiet, & PEACE of MIND. It reawakens & strengthens your heart mind connection. A hands-on chair treatment.

Wed 9/1 OR Thurs 10/19 7-8 pm FREE
**Experience a MEI healing by appointment.*

Introduction to Wicca w/ Angelle LaVeya

Are you interested in "the Craft of the Wise"? Join me for a journey into the past to bring back sacred knowledge of our ancestors. Explore how the balanced energies of the Goddess and the God, the astrological power points of the wheel of the year, the four elements, and the phases of the moon can assist you in creating your highest and best, to harm none. Includes a history of

Wicca, a guided visualization, how to set up a personal altar, and more. No experience necessary, all are welcome!

Tues 9/21 OR Thurs 11/18 6:30-8:30 pm \$25 ea

Karuna@ Reiki 1 & 2 w/ Katie Ramaci

Karuna means compassionate action. Enhance your healing abilities with two attunements and eight new symbols. Developed by William Lee Rand at the International Center for Reiki Training. Prerequisite Usui Reiki Master. Become aware of "shadow" parts and how to work with them to heal specific issues. Manual and certificate included. Bring lunch, wear white. CEU's available.

Sat 8/21 OR Sun 11/7 10-6 pm \$400 ea

Karuna@ Reiki Master/Teacher 3 & 4 w/ Katie Ramaci

The next level of Karuna training. Receive the masters level of attunement and four master symbols. You will be able to teach all levels of Karuna Reiki upon completion of this class. Certification and manual included. Prerequisite Karuna Level I & II. CEU's avail.

Sun 8/22 OR Mon 11/8 10-6 pm \$400 ea

Lammas Celebration w/ KC O'Donnell

Come join in the celebration of Lammas, first of the harvest festivals! We begin by taking a guided meditation for harvesting and receiving all the Universe has to give us. We will then do a harvesting ritual using our own sickles that we will make! Then we'll close the festivities with a harvest blessing song and a bread breaking! Materials will be provided. Sun. 8/1 3:30-5:00 pm \$25

Law of Attraction Practice Group w/ Ed Langan

Open to all. Re-energize. Connect. Use the law of attraction. Work on manifesting. Ask questions. Try new techniques. This group is to practice what you know and try some hands-on techniques working with the Law of Attraction.

Thurs 8/12 OR Fri 9/3 OR Thurs 10/14 OR Tues 11/2 OR Thurs 12/9 6:30-8:30 pm \$15 ea

Learning to Read the Akashic Records For Yourself w/ Nancy Smith

This two part series will teach you how to access the Akashic Records and how to stay in them to receive messages and healing for yourself and others. This class also contains an attunement to the vibration of the Records. Once students learn to access the Records they are able to take other classes that bring them deeper into the Records where they can learn to do past life regressions and inner child work. *Must purchase materials for an additional \$15 prior to class start. Fri 10/1 & Tues 10/5 OR Mon 12/6 & 12/13 6:30-8:30 pm \$80 ppd

Living as a Healthy Medium, Psychic or Angel Messenger w/ Liam Galvin

Any kind of energy or message work we do calls for us to be mindful and dutifully aware of our physical bodies. Oftentimes, message bearers can be sedentary, sitting for extended periods doing readings or healings. Certified personal trainer and aerobics instructor, with 25 years experience, Cheryl (Jillian who?) will show us basic stretches and light yoga techniques to help keep you in top form. Discuss the effects of Mediumship regarding your body's trace minerals, and your nervous and endocrine systems

and how to keep them balanced. Please dress comfortably and bring along a bottle of water.
Wed 8/4 OR 10/13 6:30-8:30 pm \$30 ea

Mabon Celebration w/ KC O'Donnell

Come celebrate the autumn equinox, Mabon! We'll start with a guided meditation for deep reflection and reaping what you have sown. Then we'll continue with a ritual corn blessing for the harvest using corn dolls that we'll make ourselves! We'll end the celebration with a song and a tasty harvest treat! Materials will be provided.
Sun 9/19 2:30-4:00 pm \$25

Mediumship/Spirit Communication 2 w/ Liam Galvin

Students are shown how tools, such as tarot cards, psychometry, and divination can add a greater dimension to Mediumship, by allowing them to bring through messages and spirit communicators with greater ease. Use exercises to open the third eye, the crown chakra, and ones that strengthen and expand the aura, so that Spirit can work more closely alongside us, as a healing constant in our lives. Pre-req. Med. I.
Fri 8/20-9/10 6:30-9 pm \$120 ppd.

Mediumship/Spirit Communication 3 Advanced Training w/ Liam Galvin

Students will take their Mediumship skills to an all-new level. We'll focus on how to obtain vitally strong evidential information regarding spirit communicators and work on delivering longer, more detailed messages. Students will meet one or more of their Spirit Guides and explore how transfiguration and trance can heighten and solidify your skills as a medium. Pre-req. Mediumship II.
Fri 11/5-12/3 (No 11/12) 6:30-9 pm \$120 ppd.

Mediumship/Spirit Communication Practice Circles w/ Liam Galvin

Open to all levels, from beginners to working mediums in the field and for anyone who wishes to maintain, nurture and strengthen a strong connection to Spirit. Everyone will have the opportunity to give messages out to others in the Circle. To add to our learning, we will find ourselves blessed to welcome and work alongside periodic special guests, including WOW practitioners as well as others from the infinite world of healing.
Thurs 7/22, 8/5, 8/19, 9/2, 9/16, 10/7, 10/21, 11/4, 11/18, 12/2, 12/16 6:30-8:30 pm \$20 ea

MEI (Mental Energy Integration) Initiation w/ Joyce Pribusauskas

Allow Archangel Michael to help you amplify & purify your heart mind connection, open or expand your angelic connection, establish a connection to God Source & be attuned to the Blue Ray - Enhance your receiving of spiritual insights & experiences. Balance your brain & upper chakras. Initiate a deep mental clearing. Learn to use this hands-on technique on yourself & others. You must have experienced at least one treatment before taking this class. Sat 7/29 OR Sun 9/12
OR Sun 11/28 10-5 pm \$144 ea

Morning Guided Meditation w/ Leslie Ingram

Begin your day and initiate a practice through guided meditation. Reignite spirit and imagination with this reflective practice. Previous experience not required! Four week series.

Tues 8/3-8/24 OR 8/31-9/21 OR 9/28-10/19 OR 10/26-11/16 OR 11/23-12/14 OR
Thurs 8/5-8/26 OR 9/2-9/23 OR 9/30-10/21 OR 10/28-11/18 OR 12/2-12/23 10-11 am \$40 ppd.

Mystery and Magic of the Veil w/ Susan Caplan

Learn how to transform three yards of sheer fabric into a dance partner, an expression of emotions, and a tool that makes the invisible visible. Students do not need any experience with belly dance or other dance forms.
Wed 12/8 7-8 pm \$15

Past Life Regression w/ Katie Ramaci

Using hypnosis you can go back to a lifetime past and uncover patterns, information and insight relating to attitudes, emotions, relationships and life transitions. Bring a blanket & a pillow.
Thurs 8/26 OR Wed 10/27 6:30-8:30 pm \$35 ea

Physical Mediumship with a Concentration in Trance w/ Liam Galvin

We will examine the various kinds of physical phenomena related to physical Mediumship. We'll cover a brief history and take a look at some of the greatest contributors of this resurging form of Mediumship throughout the five week series. Exercises include automatic writing, flame cards, table-tipping and in-depth trance study, where we will work to connect as strongly & deeply with our Spirit Guides as we can. Pre-req. Mediumship I.
Fri 9/17-10/15 6:30-8:30 pm \$120 ppd.

Polarity Certification Course w/ Beth Adler Dulhe

Have you ever noticed that you knew something was going to happen before it did? Are you the friend that everyone comes to because of your level of support? Are you drawn to helping others? You are a perfect candidate for a career as a polarity therapist. Polarity therapy was founded by Dr. Randolph Stone, who would say that polarity is not learned, it is caught. In this program, you will study theory and techniques for your logical left brain, and the intuitive right brain will be given the experience of alignment and clarity, where inner healing happens. We start out with the premise that dis-ease is energy disrupted from its natural flow, and learn techniques to release these obstructions. Upon completion, you will be a certified polarity practitioner ready to open your own practice, or apply these new techniques to your current practice. Call for details.

Program is one weekend per month.

Sat & Sun 9-6 pm (6+ months)
Starts: Sat 9/4-Sun 9/5 \$1875 ppd

Psychic Development w/ Lori Sheridan

In this 4-week class you'll open your psychic channels, giving you a greater sense of self and connection to the world of Spirit. You will meet your spirit guides and learn how to work with them in your everyday life. We will cover the basics on how to use a pendulum and oracle cards to divine information from Spirit. Other fun exercises include how to see and read auras and psychometry. Lesson plan subject to change pending Divine guidance.
Thurs 10/21-11/11 6:30-8:30 pm \$111 ppd.

Reiki Healing Circle (Biweekly)

The ancient tradition of Reiki ("ray-key") is used to channel universal life force energy through

practitioners to those in need of healing for physical, emotional, mental and spiritual needs. Group meditation to balance chakras while practitioners lay hands. All are welcome, bring a friend. Come sample Reiki. Relax & Enjoy. Tues 7/20, 8/3, 8/17, 8/31, 9/14, 9/28, 10/12, 10/26, 11/9, 11/23, 12/7, 12/21 7-8:30 pm Donation

Reiki Practitioners Group Healing w/ Katie Ramaci

Open to all levels of Reiki practitioners who wish to continue their training & to practice group healings. Learn a variety of hands on techniques including scanning, clearing and balancing the chakras & more.

Wed 7/28, 8/11, 8/25, 9/8, 9/22, 10/6, 10/20, 11/3, 11/17, 12/1, 12/15, 12/29 6:30-8:30 pm \$10 ea

Reiki 1 Training (1 day) w/ Katie Ramaci

Training includes the Reiki attunement that reopens the healing channels, full Reiki treatment, self-healing treatment, the history of Reiki, and discussion. Manual and certificate included. Dress comfortably (wear white) and bring lunch. Class size is limited. CEU's avail. Sun 8/8 OR Sun 9/5 OR Sat 10/16 OR Sun 12/5 10-6 pm \$150 ea

Reiki 2 Training (1 day) w/ Katie Ramaci

This training includes the Reiki II attunement to open channels further and to increase the Universal Energy flow. Learn and use the Reiki symbols, learn distance healing, and hands-on group healing. Reiki II Manual & Cert. included. Pre-requisite is Reiki I certified. Bring a dish to share. Dress comfortably. Wear white. CEU's available.
Sat 8/7 OR Sun 9/26

OR Tues 11/23 10-5 pm \$250 ea

Reiki 3 Masters/Teacher Training (2 days) w/ Katie Ramaci

This training includes review of Reiki I and II techniques and manuals. Advanced Reiki training techniques. Masters attunement, instruction for passing attunements and teaching Reiki. Pre-requisite Reiki I and II Certified. Dress comfortably. Class limited. Private training also available. CEU's avail. Sat 7/31-Sun 8/1

OR Sun 10/3-Mon 10/4 10-6 pm \$500 ea

Reiki 1 for Kids w/ Katie Ramaci

Give your kids the gift of healing! Training includes the Reiki attunement that reopens their healing channels, a full Reiki treatment and information needed to help themselves. Manual and certification included. Dress comfy, bring snacks. Wear white. Wed 8/18 11:00-4:30 pm \$75

Reiki Masters Refresher w/ Katie Ramaci

For Reiki Masters that need updated information or that did not learn advanced techniques. We will review/learn a variety of techniques including how to remove blocks, cords, elementals, devices, and more. How to assist clients in better grounding, protection, and maintain a cleared energy field. We will utilize/practice these techniques. Bring questions. This is for advanced techniques only. We will not cover attunement process. Must have Reiki Masters Certification to attend.
Wed 7/21 6-9 pm OR Sun 12/26 1-4 pm \$77 ea

Reiki Share

Share with other practitioners in giving and receiving group healings. Always fun! Bring a dish to

<u>Sun</u>	<u>Mon</u>	<u>Tues</u>	<u>Wed</u>	<u>Thurs</u>	<u>Fri</u>	<u>Sat</u>
AUGUST 1 10:00 Reiki 3 Masters/Teacher 3:30 Lammas	2 6:00 Hatha Yoga	3 10:00 Morning Meditation 7:00 Reiki Circle	4 6:30 Living as a Healthy Medium 7:00 Belly Dance	5 10:00 Morning Meditation 6:30 Medium Circle 6:30 Sound Bath Healing	6 6:30 Dreaming in the Dark, Waning Moon	7 10:00 Reiki 2 11:00 Chair Massage/Reiki
8 10:00 Reiki 1 7:45 Free Nasrin Channeling	9 6:00 Hatha Yoga	10 10:00 Morning Meditation 6:30 Identify Your Archetypes	11 6:30 Reiki Praction- ers Group 7:00 Belly Dance	12 10:00 Morning Med 6:30 Find Your Soulmate 6:30 Law of Attraction Group	13 6:30 Truth About Angels 6:30 Spirit Portraits Gallery	14 11:00 Chair Massage/Reiki 12:00 Spirit Drawings
15 1:00 Healing the Divine Feminine 2:00 Crystals & Stones	16 6:00 Hatha Yoga	17 10:00 Morning Meditation 7:00 Reiki Circle	18 11:00 Reiki 1 for Kids 7:00 Belly Dance	19 10:00 Morning Meditation 6:30 Medium Circle 6:30 Change Your Life 2	20 6:30 Mediumship 2	21 10:00 Karuna Reiki 1&2 11:00 Chair Massage/Reiki
22 10:00 Karuna Reiki Mast. 3&4	23 6:00 Hatha Yoga	24 10:00 Morning Meditation 6:30 Dowsing 2	25 6:30 Reiki Practioners Group 7:00 Belly Dance	26 10:00 Morning Meditation 6:30 Self Esteem Change Your Belief 6:30 Past Life Reg.	27 10:00 Gaiadon Heart Module 1A 6:30 Mediumship 2	28 10:00 Gaiadon Heart Module 1A 11:00 Chair Massage/Reiki
29 10:00 Gaiadon Heart Module 1A	30 10:00 Gaiadon Heart Module 1A 6:00 Hatha Yoga	31 10:00 Morning Meditation 7:00 Reiki Circle	SEPTEMBER 1 7:00 Intro to MEI	2 10:00 Morning Meditation 6:30 Medium Circle 6:30 Angel Certification Course	3 6:30 Mediumship 2 6:30 Law of Attrac- tion Group	4 9:00 Polarity Certification 11:00 Chair Massage/Reiki
5 9:00 Polarity Certification 10:00 Reiki 1	6 CLOSED HAPPY LABOR DAY!	7 10:00 Morning Meditation 6:30 Healing in Akashic Records 7:00 Women's Self Defense	8 6:30 Reiki Practioners Group 7:00 Divine Moves	9 10:00 Morning Meditation 6:30 Angel Certification Course 7:45 Free Nasrin Channeling	10 6:30 Mediumship 2 6:30 Hypnotherapy Certification	11 10:00 Hypnotherapy Certification 11:00 Chair Massage/Reiki 2:00 Healing with Angels
12 10:00 Hypnotherapy Certification 10:00 MEI Initiation	13 6:00 Hatha Yoga 6:30 Shamballa 1	14 10:00 Morning Meditation 7:00 Reiki Circle	15 6:30 Help on Tap 7:00 Sensual Dancer	16 10:00 Morning Meditation 6:30 Medium Circle 6:30 Angel Certification Course	17 6:30 Physical Mediumship	18 PSYCHIC FAIRE! 12-5 PM
19 10:00 Ear Coning 2:30 Mabon	20 6:00 Hatha Yoga	21 10:00 Morning Meditation 6:30 Animal Communication 6:30 Intro to Wicca	22 10:00 Divine Moves 6:30 Reiki Practioners Group	23 10:00 Morning Meditation 6:30 Angel Certification Course 6:30 Change Your Life 1	24 6:30 Physical Mediumship 6:30 Call Your Soulmate	25 11:00 Chair Massage/Reiki 1:00 Hoyt & Hicks Demonstration 7:00 Hoyt & Hicks Demonstration
26 10:00 IET 1 10:00 Reiki 2	27 6:00 Hatha Yoga	28 10:00 Morning Meditation 7:00 Reiki Circle	29 6:30 Dowsing 1	30 10:00 Morning Meditation 6:30 Angel Certifica- tion Course 6:30 Self Esteem A New You		

<u>Sun</u>	<u>Mon</u>	<u>Tues</u>	<u>Wed</u>	<u>Thurs</u>	<u>Fri</u>	<u>Sat</u>
					OCTOBER 1 6:30 Physical Mediumship 6:30 Learn to Read Akashic	2 9:00 Polarity Certification 11:00 Chair Massage/Reiki 12:00 Reiki Share
3 9:00 Polarity Certification 10:00 Reiki 3 Masters/Teacher	4 10:00 Reiki 3 Masters/Teacher 6:00 Hatha Yoga 6:30 Shamballa 2	5 10:00 Morning Meditation 6:30 Learn to Read Akashic 7:00 Divine Moves	6 6:30 Reiki Practioners Group 7:00 Elementals & Belly Dance	7 10:00 Morning Meditation 6:30 Medium Circle 6:30 Angel Certification Course	8 6:30 Physical Mediumship 6:30 Hypnotherapy Certification	9 10:00 Hypnotherapy Certification 11:00 Chair Massage/Reiki
10 10:00 Hypnotherapy Certification 7:45 Free Nasrin Channeling	11 6:00 Hatha Yoga	12 10:00 Morning Meditation 7:00 Reiki Circle	13 6:30 Identify Your Archetypes 6:30 Living as a Healthy Medium	14 10:00 Morning Med 6:30 Law of Attraction Group 6:30 Chakra Healing	15 6:30 Physical Mediumship 7:00 Women's Self Defense	16 10:00 Reiki 1 11:00 Chair Massage/Reiki
17 10:00 Gaiadon Heart Module 1B	18 10:00 Gaiadon Heart Module 1B 6:00 Hatha Yoga	19 10:00 Morning Meditation 10:00 Gaiadon 1B 7:00 Intro to MEI 6:30 Sound Bath Healing	20 6:30 Reiki Practioners Group	21 10:00 Morning Meditation 6:30 Medium Circle 6:30 Psychic Development	22 10:00 Gaiadon Heart Module 3 6:30 Change Your Life 2 6:30 Full Moon	23 10:00 Gaiadon Heart Module 3 11:00 Chair Massage/Reiki
24 10:00 Gaiadon Heart Module 3	25 6:00 Hatha Yoga 6:30 Shamballa 3	26 10:00 Morning Meditation 7:00 Reiki Circle	27 10:00 Divine Moves 6:30 Past Life Regression	28 10:00 Morning Meditation 6:30 Psychic Development 6:30 Spirit Portraits Gallery	29 6:30 Self Esteem Change Your Belief 6:30 Halloween Séance	30 11:00 Chair Massage/Reiki 12:00 Spirit Drawings 1:00 Divination 5:00 Halloween Celebration
31 2:00 Halloween Séance	NOVEMBER 1 6:00 Hatha Yoga 6:30 Healing in Akashic Records	2 10:00 Morning Med 6:30 Law of Attraction Group 6:30 Call Your Soulmate	3 6:30 Reiki Practioners Group 6:30 Healing the Divine Feminine	4 10:00 Morning Meditation 6:30 Medium Circle 6:30 Psychic Development	5 6:30 Change Your Life 1 6:30 Mediumship 3 Advanced	6 9:00 Polarity Certification 11:00 Chair Massage/Reiki
7 9:00 Polarity Certification 10:00 Karuna Reiki 1&2	8 10:00 Karuna Reiki Mast. 3&4 6:00 Hatha Yoga	9 10:00 Morning Meditation 7:00 Reiki Circle	10 6:30 Tarot for Everyone 6:30 Animal Communication	11 10:00 Morning Meditation 6:30 Psychic Dev. 7:45 Free Nasrin Channeling	12 6:30 Hypnotherapy Cert.	13 10:00 Hypnotherapy Cert. 11:00 Chair Massage/Reiki
14 10:00 Hypnotherapy Cert. 1:00 Help on Tap	15 6:00 Hatha Yoga 6:30 Shamballa 4	16 10:00 Morning Meditation 6:30 Dowsing 2 6:30 Crystals & Stones	17 10:00 Divine Moves 6:30 Reiki Practioners Group 6:30 Tarot for Everyone	18 10:00 Morning Meditation 6:30 Medium Circle 6:30 Intro to Wicca	19 6:30 Mediumship 3 Advanced 6:30 Self Esteem A New You	20 PSYCHIC FAIRE! 12-5 PM
21 10:00 Ear Coning 2:00 Table Tipping	22 6:00 Hatha Yoga	23 10:00 Morning Meditation 10:00 Reiki 2 7:00 Reiki Circle	24 6:30 Tarot for Everyone	25 CLOSED HAPPY THANKS-GIVING!	26 10:00 Gaiadon Heart Level 2 6:30 Mediumship 3 Advanced	27 10:00 Gaiadon Heart Level 2 11:00 Chair Massage/Reiki
28 10:00 Gaiadon Heart Level 2 10:00 MEI Initiation	29 6:00 Hatha Yoga	30 10:00 Morning Meditation 7:00 Women's Self Defense				

<u>Sun</u>	<u>Mon</u>	<u>Tues</u>	<u>Wed</u>	<u>Thurs</u>	<u>Fri</u>	<u>Sat</u>
			DECEMBER 1 6:30 Reiki Practitioners Group 6:30 Tarot for Everyone	2 10:00 Morning Meditation 6:30 Mediumship Circle	3 6:30 Find Your Soulmate 6:30 Mediumship 3 Advanced	4 9:00 Polarity Certification 11:00 Chair Massage/Reiki
5 9:00 Polarity Certification 10:00 Reiki 1	6 6:00 Hatha Yoga 6:30 Learn to Read Akashic	7 10:00 Morning Meditation 7:00 Reiki Circle	8 10:00 Divine Moves 7:00 Mystery & Magic of Veil	9 10:00 Morning Meditation 6:30 Law of Attraction Group 7:00 Divine Moves	10 6:30 Hypnotherapy Certification	11 10:00 Hypnotherapy Cert. 11:00 Chair Massage/Reiki 2:00 Healing Angel
12 10:00 Hypnotherapy Cert. 1:00 Dec. 21, 2012 7:45 Free NasChan.	13 6:00 Hatha Yoga 6:30 Learn to Read Akashic	14 10:00 Morning Meditation 6:30 Self Esteem Change Belief	15 6:30 Reiki Prac- titioners Group 7:00 Intro to Belly Dance	16 10:00 Morning Meditation 6:30 Mediumship Circle	17 6:30 Change Your Life 2	18 11:00 Chair Massage/Reiki 12:00 Reiki Share
19 2:30 Yule	20 6:00 Hatha Yoga	21 10:00 Morning Meditation 7:00 Reiki Circle	22 6:30 Communicat- ing with Angels OPEN TIL 9 PM	23 10:00 Morning Meditation OPEN TIL 9 PM	24 Closed @ 6 pm	25 CLOSED MERRY CHRISTMAS!
26 1:00 Reiki Master Refresher Course	27 6:00 Hatha Yoga	28 10:00 Morning Med 6:30 Chakra Healing 6:30 Truth About Angels	29 6:30 Reiki Practitioners Group	30 10:00 Morning Meditation 6:30 A New Year A New You	31 Closed @ 6 pm	

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